

What's New

Your first source for the newest foodservice innovations.



Filled Pasta

Prepare authentic, delicious dishes that inspire culinary creativity. Value added filled pasta that allows you to create signature menu items using a variety of sauces. Made from the finest wholesome ingredients such as 100% durum semolina and liquid whole eggs, resulting in fresh-tasting pastas. Free of dyes, artificial colouring, MSG and preservatives.

Italian Sausage Cappelletti

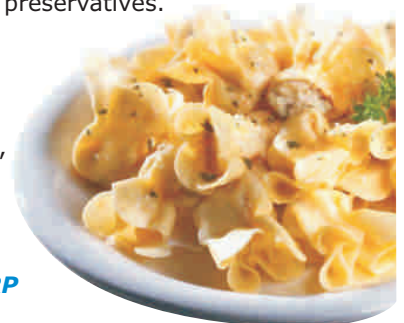
A substantial meaty filling of seasoned Italian sausage and a traditional blend of cheese and spices, stuffed in a hearty cappelletti pasta.

#8641957 1 x 5 kg *4 SRP

Five Cheese & Roasted Garlic Borsetti

A substantial pasta sachet filled with a blend of ricotta, mozzarella, provolone, parmesan and emmenthal cheese, with a delicate roasted garlic flavour.

#8642009 1 x 5 kg *4 SRP



Italian Sausage Cappelletti with Peppers

15 ml (1 tbsp)	Sysco International Imperial olive oil	#8208670
2	Sysco Imperial yellow peppers, julienne	#7409410
2	Sysco Imperial red bell, julienne	#1079250
2	Sysco Imperial medium carrots, julienne	#0792689
500 ml (2 cups)	Arrezzo Italian sausage cappelletti	#8641957
375 ml (1 1/2 cups)	Arrezzo Marinara sauce	#0810499
To top	Freshly grated Sysco Classic parmesan	#2208015
To taste	Salt & Sysco Imperial pepper #2780369/#9366535	

- Heat olive oil in a large skillet over medium-high heat.
 - Sauté peppers and carrots for 2-3 minutes until tender crisp.
 - Cook pasta in a large pot of boiling salted water for 6-8 minutes. Drain and rinse pasta.
 - Add marinara sauce to peppers and carrots to warm through.
 - Toss drained pasta in a large bowl with sauce and vegetables.
 - Sprinkle with parmesan cheese just before serving.
- Serves 1

Five Cheese & Roasted Garlic Borsetti with Prosciutto & Snow Peas

250 ml (1 cup)	Arrezzo five cheese & roasted garlic borsetti	#8642009
60 ml (1/4 cup)	Dry white wine	
125 ml (1/2 cup)	Arrezzo Alfredo sauce	#0865964
125 ml (1/2 cup)	Prosciutto, julienne	#9892498
250 ml (1 cup)	Sysco Imperial snow peas	#9491226
To taste	Sysco Classic lemon, grated	#2252013

- Heat a medium to large pot of water to boiling. Add borsetti to boiling salted water. Return to boil and cook for 3 minutes, stirring occasionally. Drain pasta.
 - Add wine to pan. Stir in Alfredo sauce. Add prosciutto and snow peas and heat gently for 1-2 minutes.
 - Stir drained pasta into sauce. Top with grated lemon zest.
- Serves 1



Seasonal Flavoured Ice Cream

Festive flare made easy with these ice cream flavours available until December 31 or while supplies last.

Peppermint Flake

A flavour combination of vanilla (white colour) and peppermint (red/pink colour) ice cream completed with red and green mint flakes.

#7404478 1 x 4 lt
#0334029 1 x 11.4 lt

Dutch Apple Pie

With Grandma's help the taste of her apple pie á la mode has been captured! With a sweet apple pie flavour and ripples made of sugar, spice and applesauce are then completed with pieces of vanilla pie crust.

#5999909 1 x 4 lt
#2833036 1 x 11.4 lt

Egg Nog

This flavour closely matches the traditional "egg nog" beverage in taste and colour but does not contain eggs.

#1756600 1 x 4 lt
#1760222 1 x 11.4 lt
#0334144 48 x 115 ml



Pumpkin Pie

A wonderful new flavour, just like it's namesake in colour and flavour. Also contains small pieces of vanilla "pie crust" throughout.

#7141064 1 x 4 lt
#9889916 1 x 11.4 lt

***SRP - Points earned through Sysco Rewards Program**



Sweet Chili Sauce

Sweet and chili. In perfect harmony.

Introducing an exciting new way to add Asian to any menu. With its unique fusion of Asian flavours, it's a sauce that truly lives up to the Frank's RedHot name.

- Bold Asian flavour for a more diverse and dynamic menu.
- Produced in Thailand for authentic Thai Chilis and real garlic
- Delivers a perfectly balanced kick of sweet and spicy
- Eye-catching with a robustness patrons will see (and taste) in every bite
- Perfectly complements many items across the menu

#8357818 4 x .5 gal

Glazed Sweet Chili Shrimp

- | | | |
|-------------------|---|----------|
| 675 gm (1 1/2 lb) | Portico extra large shrimp, P&D | #7753312 |
| 250 ml (1 cup) | Frank's® RedHot® sweet chili sauce, divided | #8357818 |
| 60 ml (1/4 cup) | Thinly sliced Sysco Natural green onion | #7350788 |
- Place shrimp on metal skewers. Base shrimp generously with 125 ml (1/2 cup) sweet chili sauce.
 - Grill shrimp over medium heat about 5 minutes until shrimp turns pink. Sprinkle with green onion.
 - Serve shirimp with additional 125 ml (1/2 cup) sweet chili sauce for dipping. Serves 4-6



Traditional Greek Pita Bread

Greek pita bread with no pocket. Soft and perfect to use for gyros, donairs and shawarma.

#8653331 12 x 10 ct 7"

Sliced Gyro Meat Loaf

Classic Greek gyro in a sliced loaf format allowing operators the opportunity to incorporate a standard Greek item. A savoury combination of beef and lamb with a unique blend of spices. Try it with tzatziki sauce on a classic Greek pita.

#8653329 4 x 5 lb



Sliced Pepperoni

Classic pizza topping. Can also be layered in lasagna or sandwiches.

#8478513 2 x 5 kg

Sliced All Beef Salami

Can be used in hot and cold deli sandwiches, platters or Chicago style pizzas.

#8477079 2 x 5 kg

Garbage Bags

Sysco Classic and Reliance garbage bags are manufactured from recycled plastics and are available in clear and black in a range of sizes and strengths to meet all your trash handling requirements.

- Convenient single bag dispensing
- Side seals to ensure no bottom leaks
- High performance linear, low density polyethylene for superior puncture and tear resistance
- Exceptional strength even under the stress of heavy duty use

Classic SYSCO	#7180819	200 x 1 ct	Regular Clear	35x50"
	#7182666	250 x 1 ct	Regular Black	30x38"
	#7182783	150 x 1 ct	Strong Black	35x50"
Reliance SYSCO	#7183066	250 x 1 ct	Strong Black	26x36"

Mediterranean Dips

*Made with fresh ingredients with consistently excellent flavour.
No dehydrated ingredients or artificial flavours.*



Artichoke & Asiago

Smooth, creamy asiago cheese masterfully blended with just the right amount of tender artichoke hearts. Spread it on bread, serve with nachos or as a dip with veggies. Simply scrumptious.

#8803005 1 x 3 kg



Roasted Red Pepper Hummus

Our delicate, delicious hummus enhanced with the wonderfully sweet flavour of roasted red peppers. Ideal as a dip, perfect in sandwiches. Delightfully delicious.

#8802991 1 x 3 kg



Spicy Feta

A classically Greek feta cheese spread, enhanced with a variety of spices and seasonings. The perfect complement for sandwiches, also ideal as a dip for chips and nachos or served with chicken and fresh veggies.

#8710800 1 x 3 kg



Fully Cooked Scrambled Eggs Breakfast Kit

Fully cooked scrambled eggs in convenient 10 x 2 lb ovenable packaging. Never thaw, just simply place package of frozen eggs on a sheet pan and cook for 20 minutes at 163°C (325°F). No waste. Food safety and handling risks reduced.

#8634372 10 x 2 lb



Turkey Burgers

Great flavour is quick and simple with our frozen turkey burgers that go from freezer to oven, grill, or skillet without thawing. Made with premium ground turkey for an all-natural taste every time.

#8939229 30 x 5 oz



Roman Turkey Burgers

4	Butterball® Turkey Burgers	#8939229
60 ml (1/4 cup)	Sysco 1756 mayonnaise	#6430441
60 ml (1/4 cup)	Sysco Classic sundried tomatoes packed in oil, drained, oil reserved	#7709997
30 ml (2 tbsp)	Reserved oil	
2	Portabello mushroom, caps	#7340987
4	Focaccia rolls, split, toasted	
500 ml (2 cups)	Arugula	#1054329
30 ml (2 tbsp)	Red wine vinaigrette	
8 slices	Block & Barrel Imperial goat cheese	#4628830

Prepare turkey burgers according to package directions for grilling. Meanwhile combine mayonnaise, sundried tomatoes and reserved oil; set aside. Grill portabello caps two minutes on each side or until tender. Cut each into six wedges. Combine arugula and red wine vinaigrette. Spread cut sides of each roll with 15 ml (1 tbsp) mayonnaise mixture. Place 75 ml (1/3 cup) arugula mixture on bottom half of roll. Cover with three pieces of the portabello mushroom. Top with one cooked turkey burger, two slices of goat cheese and top of roll.

Serves 4





Black Tiger Shrimp Raw P&D Tail-On

Get back to basics with B2B shrimp, exclusive to Sysco Canada!

- ✓ Excellent market quality shrimp at competitive prices
- ✓ Delicate, sweet flavour and clean, fresh taste
- ✓ Firm texture - excellent shrimp bite and enjoyable eating experience
- ✓ Bold red colour when cooked - "wow" factor plate presentation
- ✓ 100% net weight

5 x 2 lb

#8944031	16-20 ct	*1 SRP
#8944062	21-25 ct	*1 SRP
#8944090	26-30 ct	*1 SRP
#8944122	31-40 ct	*1 SRP
#8943924	41-50 ct	*1 SRP



Loligo Calamari Tube & Tentacles Cleaned

Mild flavoured, creamy white calamari with a subtle sweetness, firm yet naturally tender texture. 100% net weight. No additives or preservatives.

Delicious grilled, stuffed, fried or sautéed.
#8898510 12 x 2.5 lb
***1 SRP for December only!**



Appetizers

Add some sizzle to your menu with these delicious appetizers from Sysco.



Mini Beef Wellington

Tender beef filet cubes sautéed with butter, mushrooms and garlic, wrapped in a golden pastry.
#8776116 1 x 60 ct ***1 SRP**



Plain Flat Crêpes

Distinct handmade appearance. 100% natural, contains no additives or preservatives, no added colours, trans fat free. Versatile flavour for both savoury and sweet preparations. Kosher
#8776203 1 x 100 ct ***1 SRP**



Mini Cocktail Sausage Roll

Mini sausage tucked into a puff pastry makes a savoury bite-size canape.
#8776458 10 x 12 ct ***1 SRP**



Crab Cakes

Sweet succulent crab, flavoured with garlic aioli, in a toasted bite-sized morsel.
#8777697 1 x 60 ct ***1 SRP**



Spinach & Cheese Spanakopita

Traditional Greek spinach and feta cheese pie. Delicious with tzatziki sauce and a Greek salad.
#8776302 1 x 120 ct ***1 SRP**



Assorted Appetizers Pastry, Baguette, Palmier

Irresistible flavour packed appetizers, just heat and serve. Contains 20 pieces each: Four cheese & roasted garlic palmier, spinach & pesto baguette, herb & garlic cream cheese puffs.
#8777775 3 x 20 ct ***1 SRP**

Sysco Toronto

7055 Kennedy Road, Mississauga, ON L5S 1Y7
905.670.8605 Customer Service: 1.888.440.2519
sysco.ca/toronto